

Where:

Aspen Chapel
77 Meadowood Drive
Aspen . CO 81611



Reserve:

Please save me a place in Robert's Workshop:

Name _____

Address _____

Phone# _____

Email _____

There is a suggested donation, and we also offer a pay-what-you-can category. Please indicate the level of donation you would like to make, and then pay that amount. Choose one:

Suggested Donation: \$50

I can pay \$.....

Or

I will join through "Live Streaming", suggested donation: \$20

I can pay \$.....

I enclose a check

Please charge my credit card

Number.....Expiration.....

Security Code.....Zip code for card.....

I prefer not to receive information about future events

I would like to consider sponsoring the Aspen Wisdom School Program

Notes:

Send check (payable to Aspen Chapel) and form to:
Robert Kennedy Workshop
77 Meadowood Dr. Aspen, CO 81611

Contact: **Nicholas Vesey** at 970.925.7184, or
Nicholas@aspenchapel.org, or
www.aspenchapel.org for more information.

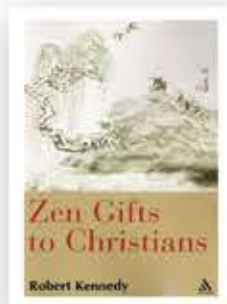


Robert Kennedy



is a Jesuit priest. He is the author of *Zen Spirit, Christian Spirit* and *Zen Gifts to Christians* and is one of several practicing Christian men and women who are recognized as a 'Roshi' or Zen Master.

Robert is a licensed psychoanalyst and Professor Emeritus of Theology at St. Peter's College in Jersey City. He is a representative at the U.N. for the Institute for Spiritual Consciousness in Politics. In 2009 he led the Annual John Main Seminar at the World Community of Christian Meditation. Previous leaders have included Rowan Williams, The Dalai Lama, Bede Griffiths and Jean Vanier. He holds doctorates in Theology from the University of Ottawa, and a Masters in Theology from Sophia University in Tokyo. He is a graduate of the Blanton-Peale Institute of Religion and Health in New York.



Aspen Wisdom School

the Practice of Zen

with Robert Kennedy
S.J., Roshi

Aspen Chapel
Saturday
August 22, 2015

the Practice of Zen

What is the practice of Zen, and how does it differ from other forms of meditation? Robert will be outlining a 'Zen' approach to life and giving an experience of how to practice Zen Meditation. The workshop will include talks, periods of meditation and opportunities for questions and answers.

The Eastern Religions tend to focus on the experience of 'enlightenment', the awakening that can happen to men and women in the process of their spiritual lives. The nature of that awakening plays a large part in the spiritual development of students within these religions. The workshop will explore this through comparing the approach of both Christians and Buddhists to that enlightenment as a part of the spiritual journey.

the Program

9:30 a.m.	Registration
10 - 10:20	Talk
10:20 - 10:50	Meditation
10:50 - 11:00	Walking meditation
Short silent break	
11:15 - 11:35	Talk
11:35 - 12:05	Meditation
12:05 - 12:45	Question and answers
12:45 Lunch (please bring your own)	
1:45 - 2:05	Talk
2:05 - 2:30	Meditation
2:30 - 2:40	Walking meditation
Short silent break	
3:05 - 3:25	Talk
3:25 - 3:50	Meditation
3:50 - 4:00	Walking meditation
4:00 - 4:40	Question and answers
4:40 - 5:00	Closing meditation



Live Streaming

If you can't be with us on Aug. 22, you can live stream the event or watch a recording of the live stream at a later date. Please see pricing options on the back page and join us in any way that you can!

